

Intro. Kids Program (Ages 4 - 8) - Jan to Mar 2010

"FROM BEGINNERS TO OLYMPIANS"



At: Dynamo Fencing Club
3122-12811 Rowan Place,
Richmond, B.C., V6V 2S6
Www.dynamofencing.com

To Register:
GIVE US A CALL AT
778-862-8467 TO
BOOK YOUR SPOT,
SPACE IS LIMITED!!!

Dynamo is introducing a new program for all kids between the ages of 4 to 8 a Introductory 3 month fencing program. This program is designed for young kids to develop their life and athletic skills (coordination, confidence, strategy, balance, etiquette, respect and much more) in a fun, safe and structured class environment. Your kids will have a great time playing and learning about the sport. What 4 to 8 year old wouldn't want to play with swords. Depending on the age and size of the child, plastic and special kids swords are available.

Skills Taught in this Course:

- Fencing position
- Fencing footwork (advance, retreat, lunge and flèche)
- Counter-attacks
- Basic Parries (Quarte [4], sixte [6], septime [7] and octave [8])
- Fencing etiquette
- Fencing related games
- Improvement of coordination, athletic skills and self confidence
- Safety, Scoring, and Competition Rules
- Target and Rules of the three different weapons (Foil, Epee, Sabre).

Coach: Igor Gantsevich

- 2008 Pan American Team Champion
- 2008 Bronze Medal Team Winner - Senior World Cup (First Canadian Team Medal at a World Cup)
- 2007 Junior and Senior National Champion
- 2008 Senior National Team Member
- 2004 - 2008 Cadet & Junior National Team Member
- 3 Time North American Cup Finalist

Course Schedule & Time

| DAY | TIME | START | END |
|-----------|----------------|-------------|--------------|
| Wednesday | 5:00 - 5:45 pm | Jan 6, 2010 | Mar 10, 2010 |

Program Fees (Sept to Dec 2009):

Once a week (3 month program): \$93.45 (GST Included)
All of the necessary equipment is provided.

Registration Process: Registration forms can be e-mailed or mailed to Dynamo Fencing Club. Full registration fees must be received prior to your first class. Fees can be paid by Cash or Cheque, payable to: Dynamo Fencing Club. If registration is not received prior to the first class, program fees will increase by 10%.

For more information:

Call: 778-862-8467

E-mail:
igor@dynamofencing.com

What to wear and bring:

- Water bottle
- Indoor sport shoes
- Track or sweat pants

WWW.DYNAMOFENCING.COM

Dynamo Fencing Club

Program Registration Form - Winter 2010

Name (first / last): _____ Phone (H) _____

Phone (C): _____ E-mail: _____

Address: _____ Province/State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Circle One: F M

Parent/Guardian Name (if under 18): _____

Emergency Contact: _____ Phone (H): _____ (W) _____

Health Concerns & Special Requirements: _____

Please Select Your Program (January to March, 2010 - 5% GST is included in the price)

| Program | Day | Time | Start Date | End Date | Cost | Select |
|----------------|----------------------------|------------------|-------------|--------------|-----------------|--------------------------|
| Intro Kids | Thursday | 5:30 - 6:30 pm | Jan 7, 2010 | Mar 11, 2010 | \$103.95 | |
| Intro Kids | Saturday | 10:00 - 11:00 am | Jan 9, 2010 | Mar 13, 2010 | \$103.95 | |
| Intro Kids | Both Days: \$195.00 | | | | | <input type="checkbox"/> |
| Intro Youth | Wednesday | 5:00 - 5:45 pm | Jan 6, 2010 | Mar 10, 2010 | \$93.45 | |
| Intro Adults | Thursday | 8:00 - 9:00 pm | Jan 7, 2010 | Mar 11, 2010 | \$103.95 | |
| Intro Adults | Saturday | 10:00 - 11:00 am | Jan 9, 2010 | Mar 13, 2010 | \$103.95 | |
| Intro Adults | Both Days | | | | \$195.00 | |
| Inter. Kids | Thursday | 6:45 - 8:00 pm | Jan 7, 2010 | Mar 11, 2010 | \$131.25 | |
| Inter. Kids | Saturday | 11:15 - 12:30 pm | Jan 9, 2010 | Mar 13, 2010 | \$131.25 | |
| Inter. Kids | Both Days | | | | \$241.50 | |
| Inter. Adults | Thursday | 6:45 - 8:00 pm | Jan 7, 2010 | Mar 11, 2010 | \$131.25 | |
| Inter. Adults | Saturday | 11:15 - 12:30 pm | Jan 9, 2010 | Mar 13, 2010 | \$131.25 | |
| Inter. Adults | Both Days | | | | \$241.50 | |
| Inter. Kids + | Saturday | 12:30 - 1:45 pm | Jan 9, 2010 | Mar 13, 2010 | \$131.25 | |
| Inter. Adult + | Saturday | 12:30 - 1:45 pm | Jan 9, 2010 | Mar 13, 2010 | \$131.25 | |
| Intro Sabre | Tuesday | 7:00 - 8:00 pm | Jan 5, 2010 | Mar 9, 2010 | \$141.75 | |

- Registration (with cheque) must be received by Dynamo Fencing Club prior to your first class.
- A 10% late fee will be charged if registration fees are not received prior to the beginning of your program.
- Please send your registration forms and cheque to: 3122 - 12811 Rowan Pl, Richmond, B.C., V6V 2S6 (cheque payable to: Dynamo Fencing Club)