

Intro. Kids Program (Ages 5 - 8) - Sept - Dec 09

"FROM BEGINNERS TO OLYMPIANS"



At: Dynamo Fencing Club
3122-12811 Rowan Place,
Richmond, B.C., V6V 2S6
Www.dynamofencing.com



Starting this fall, Dynamo is introducing a new program for all kids between the ages of 5 to 8 a Introductory 3 month fencing program. This program is designed for young kids to develop their life and athletic skills (coordination, confidence, strategy, balance, etiquette, respect and much more) in a fun, safe and structured class environment. Your kids will have a great time playing and learning about the sport. What 5 to 8 year old wouldn't want to play with swords. Depending on the age and size of the child, plastic and special kids swords will be available.

Skills Taught in this Course:

- Fencing position
- Fencing footwork (advance, retreat, lunge and flèche)
- Counter-attacks
- Basic Parries (Quarte [4], sixte [6], septime [7] and ctave [8])
- Fencing etiquette
- Fencing related games
- Improvement of coordination, athletic skills and self confidence
- Safety, Scoring, and Competition Rules
- Target and Rules of the three different weapons (Foil, Epee, Sabre).

Coach: Igor Gantsevich

- 2008 Pan American Team Champion
- 2008 Bronze Medal Team Winner - Senior World Cup (First Canadian Team Medal at a World Cup)
- 2007 Junior and Senior National Champion
- 2008 Senior National Team Member
- 2004 - 2008 Cadet & Junior National Team Member
- 3 Time North American Cup Finalist

Course Schedule & Time

DAY	TIME	START	END
WEDN	5:00 - 5:45 pm	Sep 9, 09	Dec 9, 09

Program Fees (Sept to Dec 2009):

Once a week (3 month program): \$93.45 (GST Included)
All of the necessary equipment is provided.

Registration Process: Registration forms can be e-mailed or mailed to Dynamo Fencing Club. Full registration fees must be received prior to your first class. Fees can be paid by Cash or Cheque, payable to: Dynamo Fencing Club. If registration is not received prior to the first class, program fees will increase by 10%.

For more information:

Call: 778-862-8467
E-mail:
igor@dynamofencing.com

What to wear and bring:

- Water bottle
- Indoor sport shoes
- Track or sweat pants

WWW.DYNAMOFENCING.COM

Dynamo Fencing Club

Program Registration Form - Fall 2009

Name (first / last): _____ Phone (H) _____

Phone (C): _____ E-mail: _____

Address: _____ Province/State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Circle One: F M

Parent/Guardian Name (if under 18): _____

Emergency Contact: _____ Phone (H): _____ (W) _____

Health Concerns & Special Requirements: _____

Select your Program (Sept to Dec 2009 - 5% GST is included in the price)

Program	Day	Time	Start Date	End Date	Cost	Select
Intro Kids	Thursday	5:30 - 6:30 pm	Sept 10, 09	Dec 17, 09	\$110.25	
Intro Kids	Saturday	10:00 - 11:00 am	Sept 12, 09	Dec 12, 09	\$103.95	
Intro Kids	Both Days: \$195.00					<input type="checkbox"/>
Intro Youth	Wednesday	5:00 - 5:45 pm	Sept 9, 09	Dec 9, 09	\$93.45	
Intro Adults	Thursday	8:00 - 9:00 pm	Sept 10, 09	Dec 17, 09	\$110.25	
Intro Adults	Saturday	10:00 - 11:00 am	Sept 12, 09	Dec 12, 09	\$103.95	
Intro Adults	Both Days				\$195.00	
Inter. Kids	Thursday	6:45 - 8:00 pm	Sept 10, 09	Dec 17, 09	\$131.25	
Inter. Kids	Saturday	11:15 - 12:30 pm	Sept 12, 09	Dec 12, 09	\$131.25	
Inter. Kids	Both Days				\$241.50	
Inter. Adults	Thursday	6:45 - 8:00 pm	Sept 10, 09	Dec 17, 09	\$131.25	
Inter. Adults	Saturday	11:15 - 12:30 pm	Sept 12, 09	Dec 12, 09	\$131.25	
Inter. Adults	Both Days				\$241.50	
Inter. Kids +	Saturday	12:30 - 1:45 pm	Sept 12, 09	Dec 12, 09	\$131.25	
Inter. Adult +	Saturday	12:30 - 1:45 pm	Sept 12, 09	Dec 12, 09	\$131.25	
Intro Sabre	Tuesday	7:00 - 8:00 pm	Sept 8, 09	Dec 8, 09	\$141.75	

- Registration (with cheque) must be received by Dynamo Fencing Club prior to your first class.
- A 10% late fee will be charged if registration fees are not received prior to the beginning of your program.
- Please send your registration forms and cheque to: 3122 - 12811 Rowan Pl, Richmond, B.C., V6V 2S6 (cheque payable to: Dynamo Fencing Club)