

Intro "Sabre" Program - Apr to June 2010

"FROM BEGINNERS TO OLYMPIANS"



At: Dynamo Fencing Club
3122-12811 Rowan Place,
Richmond, B.C., V6V 2S6
Www.dynamofencing.com

To Register:
GIVE US A CALL AT
778-862-8467 TO
BOOK YOUR SPOT,
SPACE IS LIMITED!!!

Dynamo is introducing a brand new introductory course in Sabre Fencing. This course is open to all ages and skill types. No experience is necessary and all of the equipment will be provided by Dynamo Fencing Club. The course will be taught by Mike Krasnich: Provincial Champion and Team Member. This course is a great course for inspiring actors and anyone who likes excitement. This is a great course to take as a family (All ages are welcome).

Skills Taught in this Course:

- Fencing position
- Fencing footwork (advance, retreat, lunge and flèche)
- Counter-attacks
- Basic Parries
- Fencing etiquette
- Fencing related games
- Improvement of coordination, athletic skills and self confidence
- Safety, Scoring, and Competition Rules
- Target and Rules of the three different weapons (Foil, Epee, Sabre).
- Sabre Rules - Priority

Coach: Mike Krasnich

Mike is entering his 5th year as an assistant coach at Dynamo. He leads our Sabre program which is one of the top programs in the province. One of his students that has come out of this program, has placed 2nd at a North American Cup and bronze medalist at 2009 Canadian National Championships. Mike has a lot of experience working with all ages and skill levels.

Course Schedule & Time

| DAY | TIME | START | END |
|------|----------------|---------------|---------------|
| TUES | 7:00 - 8:00 pm | April 6, 2010 | June 15, 2010 |

Program Fees (April to June 2010):

Once a week: \$135.00 + GST (\$141.75)

*This Program is open to all club members as well.

Registration Process: Registration forms can be e-mailed or mailed to Dynamo Fencing Club. Full registration fees must be received prior to your first class. Fees can be paid by Cash or Cheque, payable to: Dynamo Fencing Club. If registration is not received prior to the first class, program fees will increase by 10%.

For more information:

Call: 778-862-8467

E-mail:

igor@dynamofencing.com

What to wear and bring:

- Water bottle
- Indoor sport shoes
- Track or sweat pants

WWW.DYNAMOFENCING.COM

DYNAMO FENCING CLUB

PROGRAM REGISTRATION FORM - SPRING 2010

Name (first / last): _____ Phone (H) _____

Phone (C): _____ E-mail: _____

Address: _____ Province/State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Circle One: F M

Parent/Guardian Name (if under 18): _____

Emergency Contact: _____ Phone (H): _____ (W) _____

Health Concerns & Special Requirements: _____

Please Select Your Program (April to June, 2010 - 5% GST is included in the price)

| Program | Day | Time | Start Date | End Date | Cost | Select |
|----------------|----------------------------|------------------|--------------|---------------|-----------------|--------------------------|
| Intro Kids | Thursday | 5:30 - 6:30 pm | Apr 8, 2010 | June 17, 2010 | \$103.95 | |
| Intro Kids | Saturday | 10:00 - 11:00 am | Apr 10, 2010 | June 19, 2010 | \$103.95 | |
| Intro Kids | Both Days: \$195.00 | | | | | <input type="checkbox"/> |
| Intro Youth | Wednesday | 5:00 - 5:45 pm | Apr 7, 2010 | June 16, 2010 | \$93.45 | |
| Intro Adults | Thursday | 8:00 - 9:00 pm | Apr 8, 2010 | June 17, 2010 | \$103.95 | |
| Intro Adults | Saturday | 10:00 - 11:00 am | Apr 10, 2010 | June 19, 2010 | \$103.95 | |
| Intro Adults | Both Days | | | | \$195.00 | |
| Inter. Kids | Thursday | 6:45 - 8:00 pm | Apr 8, 2010 | June 17, 2010 | \$131.25 | |
| Inter. Kids | Saturday | 11:15 - 12:30 pm | Apr 10, 2010 | June 19, 2010 | \$131.25 | |
| Inter. Kids | Both Days | | | | \$241.50 | |
| Inter. Adults | Thursday | 6:45 - 8:00 pm | Apr 8, 2010 | June 17, 2010 | \$131.25 | |
| Inter. Adults | Saturday | 11:15 - 12:30 pm | Apr 10, 2010 | June 19, 2010 | \$131.25 | |
| Inter. Adults | Both Days | | | | \$241.50 | |
| Inter. Kids + | Saturday | 12:30 - 1:45 pm | Apr 10, 2010 | June 19, 2010 | \$131.25 | |
| Inter. Adult + | Saturday | 12:30 - 1:45 pm | Apr 10, 2010 | June 19, 2010 | \$131.25 | |
| Intro Sabre | Tuesday | 7:00 - 8:00 pm | Apr 6, 2010 | June 15, 2010 | \$141.75 | |

- Registration (with cheque) must be received by Dynamo Fencing Club prior to your first class.
- A 10% late fee will be charged if registration fees are not received prior to the beginning of your program.
- Please send your registration forms and cheque to: 3122 - 12811 Rowan Pl, Richmond, B.C., V6V 2S6 (cheque payable to: Dynamo Fencing Club)