

Intro. Adults Program - Jan to Mar 2010

"FROM BEGINNERS TO OLYMPIANS"



At: Dynamo Fencing Club
3122-12811 Rowan Place,
Richmond, B.C., V6V 2S6
Www.dynamofencing.com

To Register:
GIVE US A CALL AT
778-862-8467 TO
BOOK YOUR SPOT,
SPACE IS LIMITED!!!

Try sword-fighting for real! In a safe and structured environment. You will get to try fencing, learn the basics of fencing (attacking, defending and foot work) and have fun playing fencing related games. Class is coached by Victor Gantsevich - Current Canadian Junior National Team Coach and Coach of Montreal World Cup Bronze Medal Team. All necessary equipment is provided by Dynamo Fencing Club. After the completion of the Introductory Adults Course, you will be ready to go into our Intermediate and Competitive Programs.

Skills Taught in this Course:

- Fencing position
- Fencing footwork (advance, retreat, lunge and flèche)
- Counter-attacks
- Basic Parries (Quarte [4], sixte [6], septime [7] and octave [8])
- Fencing etiquette
- Fencing related games
- Improvement of coordination, athletic skills and self confidence
- Safety, Scoring, and Competition Rules
- Target and Rules of the three different weapons (Foil, Epee, Sabre).

Coach: Victor Gantsevich

- 2007, 2008 Junior National Team Head Coach
- Head coach of Dynamo Fencing Club
- Currently coaches 2 / 4 Senior Men's Epee National Team Members.
- Coach of Historic bronze medal World Cup medal winning team.
- Former Coach of 2002 Senior Women's Epee World Champion (Ukraine).

Course Schedule & Time

DAY	TIME	START	END
THURS	8:00 - 9:00 pm	Jan 7, 2010	Mar 11, 2010
SAT	10:00 - 11:00 am	Jan 9, 2010	Mar 13, 2010

Program Fees (January to March 2010)

Thursday: \$103.95 GST Included

Saturday: \$103.95 GST Included

Twice a week: \$190.00 GST Included

*Please indicate on the registration form which day or both your child will be attending classes on.

Registration Process: Registration forms can be e-mailed or mailed to Dynamo Fencing Club. Full registration fees must be received prior to your first class. Fees can be paid by Cash or Cheque, payable to: Dynamo Fencing Club. If registration is not received prior to the first class, program fees will increase by 10%.

What to wear and bring:

- Water bottle
- Indoor sport shoes
- Track or sweat pants

For more information:

Call: 778-862-8467

E-mail:

igor@dynamofencing.com

WWW.DYNAMOFENCING.COM

Dynamo Fencing Club

Program Registration Form - Winter 2010

Name (first / last): _____ Phone (H) _____

Phone (C): _____ E-mail: _____

Address: _____ Province/State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Circle One: F M

Parent/Guardian Name (if under 18): _____

Emergency Contact: _____ Phone (H): _____ (W) _____

Health Concerns & Special Requirements: _____

Please Select Your Program (January to March, 2010 - 5% GST is included in the price)

Program	Day	Time	Start Date	End Date	Cost	Select
Intro Kids	Thursday	5:30 - 6:30 pm	Jan 7, 2010	Mar 11, 2010	\$103.95	
Intro Kids	Saturday	10:00 - 11:00 am	Jan 9, 2010	Mar 13, 2010	\$103.95	
Intro Kids	Both Days: \$195.00					<input type="checkbox"/>
Intro Youth	Wednesday	5:00 - 5:45 pm	Jan 6, 2010	Mar 10, 2010	\$93.45	
Intro Adults	Thursday	8:00 - 9:00 pm	Jan 7, 2010	Mar 11, 2010	\$103.95	
Intro Adults	Saturday	10:00 - 11:00 am	Jan 9, 2010	Mar 13, 2010	\$103.95	
Intro Adults	Both Days				\$195.00	
Inter. Kids	Thursday	6:45 - 8:00 pm	Jan 7, 2010	Mar 11, 2010	\$131.25	
Inter. Kids	Saturday	11:15 - 12:30 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Inter. Kids	Both Days				\$241.50	
Inter. Adults	Thursday	6:45 - 8:00 pm	Jan 7, 2010	Mar 11, 2010	\$131.25	
Inter. Adults	Saturday	11:15 - 12:30 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Inter. Adults	Both Days				\$241.50	
Inter. Kids +	Saturday	12:30 - 1:45 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Inter. Adult +	Saturday	12:30 - 1:45 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Intro Sabre	Tuesday	7:00 - 8:00 pm	Jan 5, 2010	Mar 9, 2010	\$141.75	

- Registration (with cheque) must be received by Dynamo Fencing Club prior to your first class.
- A 10% late fee will be charged if registration fees are not received prior to the beginning of your program.
- Please send your registration forms and cheque to: 3122 - 12811 Rowan Pl, Richmond, B.C., V6V 2S6 (cheque payable to: Dynamo Fencing Club)