

# Introductory Adults Program - Spring 09



At: Dynamo Fencing Club  
3122-12811 Rowan Place,  
Richmond, B.C., V6V 2S6  
Www.dynamofencing.com  
778-862-8467



Try sword-fighting for real! In a safe and structured environment. You will get to try fencing, learn the basics of fencing (attacking, defending and foot work) and have fun playing fencing related games. Class is coached by Victor Gantsevich - Current Canadian Junior National Team Coach and Coach of Montreal World Cup Bronze Medal Team. **All necessary equipment is provided by Dynamo Fencing Club.** After the completion of the Introductory Adults Course, you will be ready to go into our Intermediate and Competitive Programs.

## Skills Taught in this Course:

- Fencing position
- Fencing footwork (advance, retreat, lunge and flèche)
- Counter-attacks
- Basic Parries (Quarte [4], sixte [6], septime [7] and ctave [8])
- Fencing etiquette
- Fencing related games
- Improvement of coordination and athletic skills
- Safety, Scoring, and Competition Rules
- Target and Rules of the three different weapons (Foil, Epee, Sabre).

## Coach: Victor Gantsevich

- 2007, 2008 Junior National Team Head Coach
- Head coach of Dynamo Fencing Club
- Currently coaches 2 / 4 Senior Men's Epee National Team Members.
- Coach of Historic bronze medal World Cup medal winning team.
- Former Coach of 2002 Senior Women's Epee World Champion (Ukraine).

## Course Schedule & Time

DAY	TIME	START	END
THUR	8:00 - 9:00 pm	Apr 2, 09	Mar 18, 09
SAT	10 - 11 am	Apr 10, 09	Mar 20, 09

## Program Fees (9 week course):

Once a week: \$99.00 + GST (\$103.95)  
Twice a week: \$175.00 + GST (\$183.75)

Registration Process: Registration forms can be e-mailed or mailed to Dynamo Fencing Club. Full registration fees must be received prior to your first class. Fees can be paid by Cash or Cheque, payable to: Dynamo Fencing Club. If registration is not received prior to the first class, program fees will increase by 10%.

## For more information:

Call: 778-862-8467  
E-mail:  
igor@dynamofencing.com

## What to wear and bring:

- Water bottle
- Indoor sport shoes
- Track or sweat pants

**WWW.DYNAMOFENCING.COM**

# Dynamo Fencing Club

## Program Registration Form - Spring 2009

Name (first / last): \_\_\_\_\_ Phone (H) \_\_\_\_\_

Phone (C): \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_ Province/State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Circle One: F M

Parent/Guardian Name (if under 18): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone (H): \_\_\_\_\_ (W) \_\_\_\_\_

Health Concerns & Special Requirements: \_\_\_\_\_

\_\_\_\_\_

### Select your Program (9 Week Program, 5% GST included in the fees):

Program	Day	Time	Start Date	End Date	Cost	Select
Intro Kids	Thursday	5:30 - 6:30 pm	Apr. 2, 09	Jun. 18, 09	\$103.95	
Intro Kids	Saturday	10:00 - 11:00 am	Apr. 4, 09	Jun. 20, 09	\$103.95	
Intro Kids	Both Days:				\$183.75	
Intro Adults	Thursday	8:00 - 9:00 pm	Apr. 2, 09	Jun. 18, 09	\$103.95	
Intro Adults	Saturday	10:00 - 11:00 am	Apr. 4, 09	Jun. 20, 09	\$103.95	
Intro Adults	Both Days				\$183.75	
Inter. Kids	Thursday	6:45 - 8:00 pm	Apr. 2, 09	Jun. 18, 09	\$131.25	
Inter. Kids	Saturday	11:15 - 12:30 pm	Apr. 4, 09	Jun. 20, 09	\$131.25	
Inter. Kids	Both Days				\$241.50	
Inter. Adults	Thursday	6:45 - 8:00 pm	Apr. 2, 09	Jun. 18, 09	\$131.25	
Inter. Adults	Saturday	11:15 - 12:30 pm	Apr. 4, 09	Jun. 20, 09	\$131.25	
Inter. Adults	Both Days				\$241.50	

Inter. Kids +	Saturday	12:30 - 1:45 pm	Apr. 4, 09	Jun. 18, 09	\$131.25	
Inter. Adult +	Saturday	12:30 - 1:45 pm	Apr. 4, 09	Jun. 20, 09	\$131.25	

Please send your registration form and cheque to:  
3122-12811 Rowan Place,  
Richmond, B.C., V6V 2S6  
Please make the cheques payable to:  
Dynamo Fencing Club

- Registration (with cheque) must be received by Dynamo Fencing Club prior to your first class.
- A 10% late fee will be charged if registration fees are not received prior to the beginning of your program.
- Program spots will be prioritized to the participants that pre-register.