

# Inter Adults Program - Jan to Mar 2010

"FROM BEGINNERS TO OLYMPIANS"



At: Dynamo Fencing Club  
3122-12811 Rowan Place,  
Richmond, B.C., V6V 2S6  
Www.dynamofencing.com

To Register:  
GIVE US A CALL AT  
778-862-8467 TO  
BOOK YOUR SPOT,  
SPACE IS LIMITED!!!

Completion of a Kids Beginner course or previous fencing experience is required to be in this course. Intermediate adult program is an excellent program for the fencer that is recreational and semi - competitive. Due to insurance and club policy purposes, all participants must have a BCFA recreational license for 2009 / 2010. Please visit [www.fencing.bc.ca](http://www.fencing.bc.ca) to purchase your license. After the end of each program, a fun recreational competition will follow on the upcoming weekend (may change due to scheduling and other competitions).

## Skills Taught in this Course:

- Fencing position
- Fencing footwork (advance, retreat, lunge and flèche)
- Counter-attacks
- Basic Parries (Quarte [4], sixte [6], septime [7] and octave [8])
- Fencing etiquette
- Fencing related games
- Improvement of coordination, athletic skills and self confidence
- Safety, Scoring, and Competition Rules
- Target and Rules of the three different weapons (Foil, Epee, Sabre).

## Coach: Maitre Victor Gantsevich

- 2007, 2008 Junior National Team Head Coach
- Head coach of Dynamo Fencing Club
- Currently coaches 2 / 4 Senior Men's Epee National Team Members.
- Coach of Historic bronze medal World Cup medal winning team.
- Former Coach of 2002 Senior Women's Epee World Champion (Ukraine).

## Course Schedule & Time

DAY	TIME	START	END
THUR	6:45 - 8:00 pm	Jan 7, 2010	Mar 11, 2010
SAT	11:15 - 12:30 pm	Jan 9, 2010	Mar 13, 2010
SAT +	12:30 - 1:45 pm	Jan 9, 2010	March 13, 2010
MON +	5:15 - 6:30 pm	On Going	On Going
FRI +	5:30 - 7:00 pm	On Going	On Going

## Program Fees (January to March 2010):

Thursday: \$125.00 + GST (\$131.25)

Saturday & +: \$125.00 + GST (\$131.25)

Saturday +: \$125.00 + GST (\$131.25)

Monday +: \$20.00 drop in fee or club membership

Friday +: \$20.00 drop in fee or club membership

\* Fees do not apply to club members. All classes and programs are included in the club membership. For more info click on club membership.

**Registration Process:** Registration forms must be submitted prior to the first class. A 10% late entry will be applied to anyone who registers on spot. Please contact Igor to reserve a spot. Space is limited.

# WWW.DYNAMOFENCING.COM

# Dynamo Fencing Club

## Program Registration Form - Winter 2010

Name (first / last): \_\_\_\_\_ Phone (H) \_\_\_\_\_

Phone (C): \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_ Province/State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Circle One: F M

Parent/Guardian Name (if under 18): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone (H): \_\_\_\_\_ (W) \_\_\_\_\_

Health Concerns & Special Requirements: \_\_\_\_\_

\_\_\_\_\_

Please Select Your Program (January to March, 2010 - 5% GST is included in the price)

Program	Day	Time	Start Date	End Date	Cost	Select
Intro Kids	Thursday	5:30 - 6:30 pm	Jan 7, 2010	Mar 11, 2010	\$103.95	
Intro Kids	Saturday	10:00 - 11:00 am	Jan 9, 2010	Mar 13, 2010	\$103.95	
Intro Kids	<b>Both Days: \$195.00</b>					<input type="checkbox"/>
Intro Youth	Wednesday	5:00 - 5:45 pm	Jan 6, 2010	Mar 10, 2010	\$93.45	
Intro Adults	Thursday	8:00 - 9:00 pm	Jan 7, 2010	Mar 11, 2010	\$103.95	
Intro Adults	Saturday	10:00 - 11:00 am	Jan 9, 2010	Mar 13, 2010	\$103.95	
Intro Adults	<b>Both Days</b>				<b>\$195.00</b>	
Inter. Kids	Thursday	6:45 - 8:00 pm	Jan 7, 2010	Mar 11, 2010	\$131.25	
Inter. Kids	Saturday	11:15 - 12:30 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Inter. Kids	<b>Both Days</b>				<b>\$241.50</b>	
Inter. Adults	Thursday	6:45 - 8:00 pm	Jan 7, 2010	Mar 11, 2010	\$131.25	
Inter. Adults	Saturday	11:15 - 12:30 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Inter. Adults	<b>Both Days</b>				<b>\$241.50</b>	
Inter. Kids +	Saturday	12:30 - 1:45 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Inter. Adult +	Saturday	12:30 - 1:45 pm	Jan 9, 2010	Mar 13, 2010	\$131.25	
Intro Sabre	Tuesday	7:00 - 8:00 pm	Jan 5, 2010	Mar 9, 2010	\$141.75	

- Registration (with cheque) must be received by Dynamo Fencing Club prior to your first class.
- A 10% late fee will be charged if registration fees are not received prior to the beginning of your program.
- Please send your registration forms and cheque to: 3122 - 12811 Rowan Pl, Richmond, B.C., V6V 2S6 (cheque payable to: Dynamo Fencing Club)